

## Welcome



At the New York Center for Innovative Medicine (NYCIM), nothing is medicine as usual.

We've completely revolutionized the healing experience, and placed all focus on viewing the patient as a unique individual with incredible healing abilities.

Welcome to the future of medicine.

The New York Center for Innovative Medicine is one of the few centers in the world that is able to provide an incredibly extensive array of therapeutic options, specially tailored to each patient for maximum effectiveness - all within a peaceful and serene environment. This guide is designed to act as a starting point for anyone looking to regain their health and gain a better appreciation for a new approach to medicine. **Enjoy!** 

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# East meets West. Nature meets Science. Evidence meets Experience.

- Comprehensive True integrative medicine should integrate all therapeutic options that can benefit the patient; not just a select few. We combine specialties and modalities from all over the world that span from intravenous procedures to energy balancing techniques all the while identifying what is safest and most effective for you and your unique circumstance.
- Personalized No two programs of treatment are alike, and each patient-specific protocol is highly detailed, fully customized, and has been repeatedly shown to achieve extraordinary results. NYCIM if one of the only centers in the world to approach medicine in this manner.
- Beyond Functional Although the NYCIM approach incorporates much of functional medicine, it also goes well beyond to address psychological, energetic, and spiritual factors that are often present in a patient.

#### Learn More

We address the specific differences of functional medicine and our unique approach in this article:

» This is Not Functional Medicine. What is Innovative Medicine?

## Our Approach

The New York Center for Innovative Medicine (NYCIM) is a medical center unlike any other, and offers a comprehensive suite of sophisticated and advanced healing therapies from all over the world.

The objective for every patient is not continuous management of symptoms, rather a highly effective and extremely personalized approach that aims to restore health

by eliminating root cause dysfunctions and initiate self-healing.

"It's our goal to equip and empower patients with the best solutions to decode difficult ailments, simplify the complex, and restore complete health."

Caitlin Policastro
Clinical Director



# Why We're Different

You may be thinking, 'how is this different than other integrative or functional practices?' Allow us to explain.

Few practices have the tools NYCIM does. With over 75 different therapies and procedures from around the world, we have the advanced options to address even the most complex and multi-faceted conditions. Even fewer have the level of personalization and specificity that we do when creating a tailored program of treatment. There's no guesswork here. Every single therapeutic option is identified not based on the practitioner's knowledge or an educated guess, but rather on precisely what your body is asking for to get it back to a healthy state.



"Having the opportunity to be a part of this team and to encourage people is huge. This road is the road less traveled. It's not an easy road to recovery. It's not so much immediate results, but man, when the results come in, it's incredible, and exciting, and fun to watch people not only get excited, but to get their life back and to be so grateful. And there's just, there's really nothing like that. And I think that's what drives me to be here."

Heather Lowery, PA

## Medicine as an Art Form

#### Learn More

The NYCIM approach is one where we aim to empower each patient to optimize healing. Learn how you can be better prepared with this article:

» What Makes a Great Patient? 5 Things to Know.



#### TRANSFORMING HEALING

There's a great misconception that medicine must only be a practical science. But every great physician and healer throughout our history has known that medicine is a craft guided by nature. The famed Swiss physician Paracelsus once famously stated,

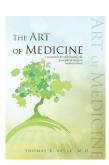
"Medicine is not only a science; it is also an art. It does not consist of compounding pills and plasters; it deals with the very processes of life, which must be understood before they may be guided."

We hold this to be true, and are pioneering a return to the forgotten art of medicine.

#### "The Art of Medicine: The Principles of Energy in Medical Sciences"

Dr. Szulc is the author of the book 'The Art of Medicine' which outlines much of the unique approach taken at the center.

» ∨iew on Amazon



## What to Expect

Imagine being handed your own personal road-map back to health - everything spelled out for you, from the frequency and number of treatments, to the exact dosage of medications. This isn't a general protocol, this is YOUR protocol. Not only is this plan completely tailored to your distinctive needs, you can also rest assured that this distinctive treatment program has considered a very large array of medical options, from conventional medicine to holistic methods and lifestyle adjustments, and has been created to minimize any side-effects while maximizing efficiency.

That's what to expect at the New York Center for Innovative Medicine.



#### Learn More

From the moment you walk through the sliding glass NYCIM doors, you can sense that things are different. Here's a breakdown of what to expect, step -by-step as a patient.

» What to Expect on Your NYCIM Healing Journey



I scoured the globe looking for answers as someone whose life was dependent on finding them. And the advanced integrative approach that NYCIM affords is what I found to be the absolute best solution.

#### Ben Ahrens

TEDx presenter and former Lyme patient

ee Ben's story

NYCIM featured in Gwyneth Paltrow's lifestyle brand website:

"Why there is no one-size-fits-all approach to treating Lyme disease"

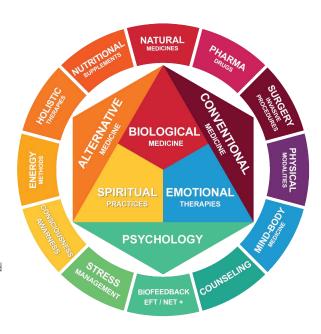


» read the article

### Our Services

Imagine you were tasked with fixing a home in need of repair. You likely wouldn't show up with just a hammer in hand and expect to address all the issues you may encounter. A better plan would be to bring the entire toolbox with multiple tools, instruments, and construction/repair material.

We take the same approach with medicine and healing. NYCIM is redefining the meaning of 'integrative medicine' by going beyond the normal limited selection of medical choices and providing a truly complete and comprehensive tool kit of therapeutic options from all ends of the world.





In addition to our medical division, we also have an anti-aging division, NYCIM Elemental Aging, which offers specialized anti-aging treatments that are unique and personalized to each individual and provide holistic and natural solutions to beauty and aging.

» view the NYCIM Elemental Aging Catalog

# the science

## fields utilized in treatment:

- Functional Medicine
- European Biological Medicine
- Immunology
- Quantum Physics
- Behavioral Science
- Neuro-LinguisticProgramming (NLP)
- HumanConsciousness
- Anthroposophy
- Chronobiology
- Psychology
- Spirituality
- Molecular Biology
- many more

## Our Therapeutic Options

















- ACMOS Method Energy Balancing
- Airnergy Oxygen Therapy AmpCoil PEMF Therapy
- Audiocolor Therapy
- Auto-blood Therapy
- BioCharger NG
- Biofeedback Therapy
- Biomagnetic Therapy
- Biomodulator
- Bioresonance Analysis of Health (B.A.H.)
- Biosvntonie
- Bio-Well Evaluation System
- Chelation Therapy
- Color Therapy
- Dermatude
- EMDR Therapy
- Emotional Freedom Technique (EFT)
- European Biological Medicines
- Gemmotherapy
- Gerson Therapy
- HALO Light Therapy
- HeartQuest HRV Assessment

- Herbal Medicine
- Ho'oponopono
- Holographic Information Transformation Laser Therapy
- Homeopathy
- Hydrogen Peroxide Therapy (H202)
- Insulin Potentiation Therapy (IPT)
- In Light Systems (ILS)
- Intramuscular Injections
- Intravenous Antimicrobial
- Intravenous Infusion
- Intravenous Injection
- Intravenous Lipid Exchange
- Isopathy
- Low-Level Laser Therapy
- Matrix Regeneration Therapy (MRT)
- NAD+ Therapy
- NAET Allergy Elimination
- Nano Herbs
- NanoVi Oxygen Therapy
- Neural Therapy
- Neuro Emotional Technique (NET)

- Nutritional Supplements
- Oligotherapy
- Onnetsu Far Infrared Therapy
- Organotherapy
- Oxidative Therapies
- Ozone Therapy
- Pulsed Electromagnetic Field Therapy (PEMF)
- Phospholipid Exchange Therapy
- Phyto5 Anti-Aging Therapies
- Quantum Crystal Bed
- SCENAR Therapy
- Schüessler Cell Salts
- Sound Wave Energy
- Spagyric Medicine
- Stellar Therapy
- TensCam
- Ultraviolet Blood Irradiation Therapy (UVB)
- VieLight
- many more
- » learn more about our services



### Our Center



Combining the best therapeutic options from around the world in a serene and peaceful setting, we're attempting to change the perception and experience patients have of the doctor's office, and ultimately, change the direction in which medicine should proceed. Everything from the selection of organic teas in the waiting area to the specific circadian-friendly blue-free full-spectrum lighting have been carefully selected to optimize your healing experience.













### Our Team





At NYCIM, the medical team, including the Medical Director, Clinical Director, psychologist, nurse practitioners, physician assistants, and nurses all work together on every patient's program of treatment. Dr. Szulc and the entire NYCIM medical staff have traveled the Earth and received advanced training in numerous therapies, procedures, products, and modalities. Through an intelligent and scientific approach, our practitioner can accurately identify the compatibility of all these options to your body's unique requirements, offering a fully comprehensive program of treatment that is the absolute best one for you.





Thomas K. Szulc, MD Medical Director



Caitlin Policastro, NP Clinical Director



**Erin Mewshaw, NP** Elemental Aging Specialist



Heather Lowery, PA Physician Assistant



Jolanta Szulc, PhD Clinical Psychologist

With our low patient to medical staff ratio, you will have a uniquely positive healthcare experience without feeling rushed or pressured.

#### **Education is Empowerment**

In becoming a patient at the New York Center for Innovative Medicine, you can rest assure your treatment program is not only in the hands of one of the most experienced and recognized physicians in the integrative medical field, Dr. Thomas K. Szulc, MD, along with a highly skilled medical team, but a strong support system that provides you with the best resources and information to become an educated and empowered patient. From providing options on where to stay if you're traveling from out of town to which restaurants offer the best organic and fresh options, we aim to make your healing process as pleasant and stress-free as possible.

» view our online articles and resources



**Caspar Szulc** Managing Director



**Agata Komon** Office Manager



Olga Zawistowska Office Administrator







### Success Stories



"My journey with Lyme disease and autoimmune disease was a long, channeling road. Through fate, I came across The New York Center of Innovative Medicine. The treatment that changed my life. At NYCIM, medicine is recognized as an art, the art of coherency in all elements of healing. I am forever grateful to the knowledge gained from this journey of healing. I wish truly that many people are blessed with the gift of gaining back their power through healing at the New York Center of Innovative Medicine."

"My 20s and 30s were a series of ups and downs, visiting doctors and healers across the world, trying to get to the bottom of why I couldn't participate in my life. After years of illness, career loss, bankruptcy, divorce, and finally complete collapse, I found NYCIM. With the support of Dr. Szulc and the staff at NYCIM, I was able to trust the process, to understand that my body is meant to be

#### **Tanja Subotic**



healthy, and to let nature and science do their job." **Brooke Procida** 

» view more success stories



**Heather Lowery** 

Lyme disease



Ben Ahrens

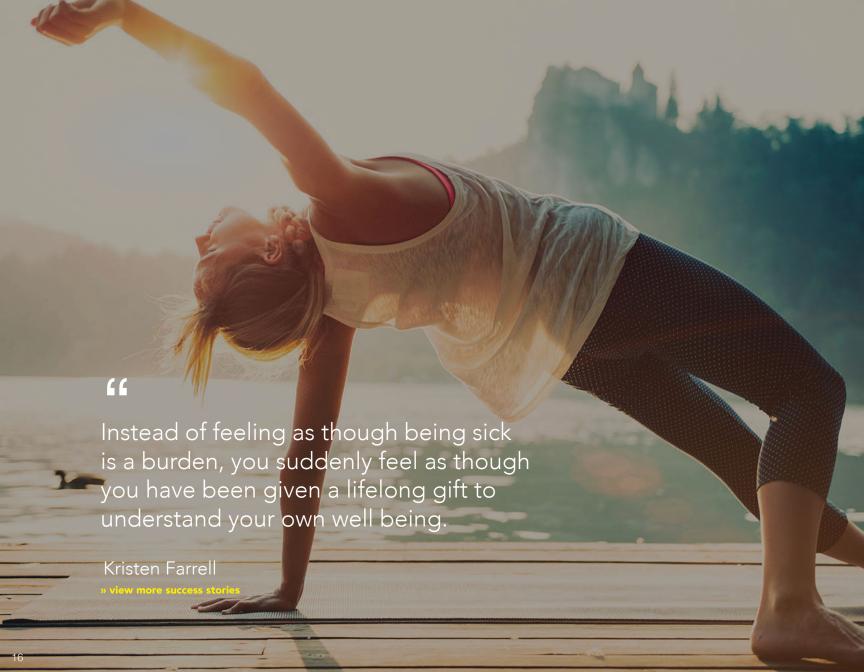




**Andrew Fraser** 

Respiratory issues

▼ video healing stories



# Is It Right for You?

The New York Center for Innovative Medicine (NYCIM) seeks patients who understand the importance of taking a proactive role in their health and healing process. We fundamentally believe that the role of a doctor is not to provide health by means of mere prescription, but rather, to facilitate the healing process innate in each person. And this means absolute participation and dedication on behalf of each patient.

#### The NYCIM Coach / Athlete Approach

Just as the coach trains the athlete, but the athlete runs the race – so is our approach: The doctor treats the patients, but each patient must committedly make the journey. » Read more about the coach/athlete relationship

To help you, we've created three basic questions that help establish whether you are a good candidate.

#### 1. Commitment & Compliance

How Committed are You to Healing?

At the New York Center for Innovative Medicine, we understand healing starts from within, and the process of restoring health is a team effort between practitioners and patient. Acting as a coaching team, the entire medical staff at the center ensures you have the correct and personalized treatment plan, and that the patient must act as an athlete and show a level of dedication and commitment to the main objective: becoming fully healthy. This may require lifestyle adjustments, dietary changes, performing stress-reduction exercises, and most importantly, complying to the complete personalized program of treatment provided at the center.

#### 2. Expectations

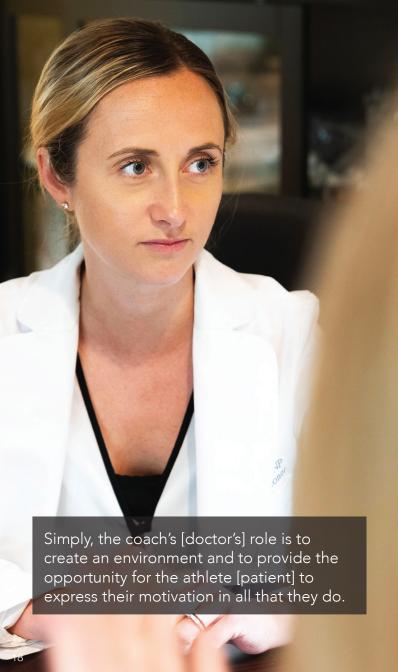
How Committed are You to Healing?

Often times, chronic conditions take many years to manifest even before symptoms show, and then may affect a patient in debilitating ways for a number of more years. To reverse the effects of such a long lingering problem will take time and dedication. There are no magic pills, and healing takes

# who it's for...

## NYCIM has found great success with:

- Lyme Disease
- Chronic FatigueSyndrome
- Auto-Immune Disorders
- Neurological Disorders
- Cardiovascular
   Conditions
- Gl Issues
- Allergies
- Hormonal Imbalances
- Infectious Diseases
- many more



time for the body to recover to it's pre-illness state. Fortunately, taking a tailored, "no-guess" approach can greatly reduce the time spent at the center, although the healing process will still not happen overnight.

"We need to realize that we need a longer-term view. We need a slower model of healing, because systems don't change overnight. The objective is not an end to a particular symptom, although that symptom will resolve in process. Instead, the approach is to modify the entire system, not just to address a particular symptom." – Dr. Kenneth R. Pelletier, MD

#### 3. Financial Responsibility

Are you willing to pay for quality healthcare?

It's a bleak truth, but the value of healthcare insurance is at its lowest ever. Since 2000, insurance premiums have more than doubled, yet the U.S. ranked worst in a recent study of developed nations healthcare systems for preventing deaths from treatable conditions (source: Commonwealth Fund, 2014).

At the New York Center for Innovative Medicine, we provide the highest quality, personalized medical care not found anywhere else in the world. Our proprietary systems and exclusive therapeutic options afford patients the ability to reverse their conditions where other approaches fell short. In order to accomplish this, the center does not accept insurance, and all treatments are paid out-of-pocket. This allows the freedom to provide each patient with exactly what they require in their unique program of treatment without red tape and any restrictions. It also greatly increases the value of treatment, and allows you to see exactly where your money is going.

If you are committed to healing, open to change, and ready to embrace the life of your creation, then you are a candidate for Innovative Medicine.

» contact us to setup an initial evaluation

# Your questions answered



## What is so unique and special about the New York Center for Innovative Medicine?

The New York Center for Innovative Medicine is a pioneer and one of the only centers in existence practicing a whole new paradigm of medicine. Instead of focusing on symptoms and diagnosis (which is the basis of conventional medicine), the center utilizes truly advanced scientific principles to identify all sources of dysfunction - whether physical, biochemical, psycho-emotional, mental, or spiritual -and then create a personalized and highly specific program of treatment that is based on the patient's individual requirements, and not on guessing or trial-and-error protocols.

This is the first application of quantum physics and unification of many different medical modalities (including conventional, alternative, biological, energy, psychological, and spiritual) in a manner to completely rid the body of all underlying causes of disease and allow the body to restore its natural, inherited healing ability and reestablish balance and harmony, which we know as complete health. The result of all this is truly stellar patient outcomes.

#### What conditions / diseases do you treat?

First, it should be noted that we do not treat the disease, rather the patient that has the disease. There are no set protocols for any condition. With that said, we have seen many patients with the following diagnoses:

- Infectious Diseases
- Chronic Lyme Disease / Tick Borne-Illnesses, + more
- Neurological Conditions
- Parkinsonism, Multiple Sclerosis, Alzheimer's, Migraines, + more
- Cardiovascular Disease
- Hyper + Hypotension, Angina Pectoris, Arrhythmia, + more
- Gastrointestinal Disorders
- Irritable Bowel Syndrome, Crohn's Disease, Ulcerative Colitis, + more
- Chronic Fatigue Syndrome
- Fibromyalgia
- Depression
- Diabetes
- Anxiety / Stress
- Hormonal Imbalances
- Reproductive Issues
- Many more

As we noted earlier, the big difference that you will witness at NYCIM is that rather focus on diagnosis and place patients into generalized treatment protocols, we work to establish why the patient has the problems they do, and what are the underlying causes leading to the current state of dysfunction. From there, all patients are provided personalized treatments, regardless if they have the same exact diagnosis.

#### What is so scientific about the approach taken at NYCIM?

Incredible discoveries have been made throughout the past 100 years in the field of quantum physics. After glancing at the well financed undertakings currently underway that substantiate these findings, it becomes clear that the past century's achievements made in the world of science have yet to be adopted by medicine - until now.

At the New York Center for Innovative Medicine we're applying the very latest in quantum physics, molecular biology, resonance phenomena, holographic information, and the field of human consciousness to push the envelope of what medicine is capable of doing - all in a very scientific manner.

#### How is this different than the medical care I've received in the past?

It's completely different. The modern conventional medicine approach you may be used to is heavily based and geared towards biochemical processes. This type of medicine follows Newtonian beliefs formulated in the 17th Century that are wonderful for other sciences, but not for the human organism. We are much more than machines, and more than the sum of our parts.

In addition, the basis of conventional medicine and much of alternative medicine is diagnosis without paying attention to the causes of dysfunction for each person. After establishing a diagnosis (if possible), patients are placed into generalized treatment protocols and their individual needs are not taken into consideration. Most treatments are meant to suppress symptoms, and rely on management of a disease through lifelong pharmaceutical intervention.

Here at the New York Center for Innovative Medicine, we rely on a new paradigm of 21st century biological medicine, in which each patient is seen as a unique individual with extraordinary healing abilities. Utilizing the advances and discoveries provided to us over the last 100 years in fields like quantum mechanics and molecular biology, we can tap into the patient's intelligence and provide truly personalized treatment protocols not based on just biochemical analysis, but on deep rooted information that pertains to all aspects of the patient's current state of health and what would be most advantageous for that individual patient. There is no guesswork, no trial-and-error, and no 'let's wait and see'. Each patient is carefully guided in all aspects of their treatment and life to a definitive goal - elimination of root causes and restoration of health.

#### Do you accept healthcare insurance?

**No**. At the New York Center for Innovative Medicine, our primary focus is on restoring all of our patients' health, and to do so, we implement a number of cutting-edge therapies that are not covered by insurance. Running a patient-centric model is in contradiction with an insurance run practice, in which a large portion of focus that should be directed towards the patient is spent on paperwork and insurance claims. Here's an article explaining the benefits of going out of pocket for healthcare.

#### What is the cost of an initial evaluation?

An initial evaluation costs \$800. This includes consultation, physical evaluation, heart rate variability test, and a full evaluation using an evaluation system created by Dr. Szulc called Bioresonance Analysis of Health. Although the initial evaluation lasts 30-45 minutes, the testing through Bioresonance Analysis of Health after you leave will take additional time and will provide information that would normally take

multiple diagnostic tests that would need to be sent to labs, cost several hundreds of dollars, and take weeks to obtain results. In addition, some of the parameters of health tested at the center can only be tested through Bioresonance Analysis of Health and would otherwise go undetected, making it a truly valuable evaluation method.

#### Why is this type of medicine so expensive?

NYCIM prices services very similarly to other high-end integrative centers that are unable to match the level of personalization and comprehensive nature offered at our center. The top end of our price range if a reflection of the extent to which our approach is able to accurately identify all sources of your disease or dysfunction, and then provide a highly tailored and specific program of treatment that spans a wide berth of medical options. We are not aware of any case where another medical practice was able to personalize such a large number of highly advanced and cutting edge therapeutic techniques, procedures, and technologies. Because the services at the center are not covered by insurance, they may seem high. But in comparative terms to conventional medicine, they are quite low. The average night stay in New York at a hospital costs just under \$2,000. In addition, of the 12 drugs most commonly used for cancer conditions in 2012, 11 were priced above \$100,000 for a year of treatment. Taking a look at conventional evaluation methods, new genetic panel tests can cost between \$2,000 to \$4,900. The results of such tests are limited, only testing for 20 genes and establishing possible DNA links to some cancer-related conditions. Humans have about 23,000 genes. None of these conventional tests can show you all sources of dysfunction. We have a strong desire to excel, deliver satisfaction to our patients, and to provide a very cost competitive service of high value. In no other realm is quality and value more important than in health.

#### What if I can't commit to all the therapies?

Upon your follow up visit where the complete program of treatment will be presented and explained, you will also be informed that if you cannot commit to all the therapies, optimal outcome will not be achieved. Patient commitment and compliance with the complete treatment program is essential to restoring your complete health, and neglecting any part may result in suboptimal results and ongoing health issues. To put this into perspective and back to the coach-athlete relationship, if a coach instructs an athlete to do daily morning runs, stretching, weightlifting, and mental strengthening exercises, and the athlete only chooses to stretch and do a portion of the weightlifting that was assigned by the coach, his results in a competitive nature will not be nearly as good as if the athlete had performed all the coach's instructions.

#### Can I pick and choose which treatments I want?

**No**. We take your treatment and health very seriously at the New York Center for Innovative Medicine, and to ensure that we provide you with the best possible outcome, compliance to the complete treatment is required. An explanation of the importance of each treatment, therapy, medicine, supplement, and recommendation will be provided at your follow-up.

Hear how NYCIM helped Frazer Bailey, director of the documentaries 'e-motion' and 'Root Cause':

"After suffering from chronic fatigue for 6 years and trying everything from Amazonian frog therapy to purge the body to computerized bioresonance systems, I had a chance encounter with NYCIM. They were able to tell me the primary reason for my fatigue. I owe a massive deal of gratitude to them."

e-motion ROOT CAUSE

» read more of Frazer's story

## Top Resources

#### Recommended Books and Reads

An educated patient is an empowered patient. In an effort to further empower you and help you understand the background and principles behind the type of medicine practiced at the center, we'd like to provide you with some recommended readings you may enjoy.

 The Art of Medicine: The Principles of Energy in Medical Sciences, by Thomas K. Szulc, MD

In the Art of Medicine, Dr. Szulc explores the vast historical scientific support of what is the basis for a whole new paradigm of medicine and health. From Hermetic and Paracelsian teachings to 21st century advanced quantum physics, this sophisticated approach of diagnosis and treatment focuses on qualitative information rather than biochemical quantitative results. The theories and techniques brought to light in this book help to build an understanding of all the aspects of the human body: physical, biochemical, mental, emotional and spiritual; as well as the true underlying causes of disease.

 Power vs Force: The Hidden Determinants of Human Behavior, by David R. Hawkins, MD

Building on the accumulated wisdom of applied kinesiology (diagnostic muscle-testing to determine the causes of allergies and ailments) and behavioral kinesiology (muscletesting to determine emotional responses to stimuli), David R. Hawkins, M.D. has taken muscle-testing to the next level, in an effort to determine what makes people and systems strong, healthy, effective, and spiritually sound.

 The Holographic Universe: The Revolutionary Theory of Reality, by Michael Talbot

Two of the world's most eminent thinkers believe that the universe itself may be a giant hologram. University of London physicist David Bohm, one of the world's most respected quantum physicists, and Stanford neurophysiologist Karl Pribram, an architect of our modern understanding of the brain, have developed a remarkable new way of looking at the universe. Their theory explains not only many of the unsolved puzzles of physics but also occurrences such as miraculous healings.

The Biology of Belief, by Bruce Lipton, PhD

This book is a groundbreaking work in the field of new biology, and it will forever change how you think about thinking. Through the research of Dr. Lipton and other leading-edge scientists, stunning new discoveries have been made about the interaction between your mind and body and the processes by which cells receive information. It shows that genes and DNA do not control our biology, that instead DNA is controlled by signals from outside the cell, including the energetic messages emanating from our thoughts.

#### **Articles**

Looking to further your understanding of this ground-breaking approach to medicine? We've got a number of articles that can help. Here are 5 key articles to start with:

What to Expect on Your NYCIM Healing Journey

by Caitlin Policastro, Clinical Director

Things may be different at NYCIM from what you're used to, but here's insight into what you can expect should you choose to start your healing story with us.

A Letter from the Director

by Thomas K. Szulc, Medical Director

With more than 30+ years of clinical experience spanning conventional and integrative medicine, Dr. Szulc shares what a new paradigm of medicine focused on healing rather than managing looks like.

What Makes a Great Patient? 5 Things to Know

Are you a good patient, how about a great one? Here are 5 proven ways to shift the odds of healing in your favor.

• Patient Prep: The Healing Mindset

Having the right mindset can serve as an X-factor in the healing process. Here's what you need to know.

Bioresonance Analysis of Health (B.A.H.)

Learn why this very specific evaluation method is a game-changer in identifying root causes and the several reasons an illness persists.



# Your healing matters. **Get started today**.

Your complete restored health is our number one priority, and this is why we've attracted patients and doctors from around the world.

Are your ready to begin your healing journey?

» contact us



634 Park Avenue, Huntington, NY 11743 map | directions